

# Pathways

FOR CAREGIVERS

A Collaborative Partnership



# Volunteers Needed

We offer family caregivers a break from the daily tasks of caring for their aging loved ones. Caregivers and aging loved ones each engage in their own separate activities and opportunities. Our program's goal is to give caregivers peace of mind and rejuvenation.

## Are you looking to make a difference in a senior's life?

Volunteers are partnered with our senior participants to do fun activities on our 66 acre campus, including

- Supervised one-on-one activities with trained volunteers
- Music
- Pet therapy
- Gentle exercise, including walks on our beautiful 66 acre campus
- Lunch and refreshments provided

Pathways for Caregivers meets every third Thursday of the month year-round. 10:30am - 2:30pm starting March 2023, no cost to participants.

Volunteers **do not** need to commit to every session.

Pathways for Caregivers  
Located at Cradle Beach  
8038 Old Lakeshore Road  
Angola, NY 14006

### Interested?

Reach out to Nancy Grimes  
Pathways@CradleBeach.org  
(716) 549-6307 ext. 203



### Required Volunteer Training

**February 16, 2023**

**10:30 am - 2:30 pm**

**Cradle Beach**

**8038 Old Lakeshore Rd.**

**Angola, NY 14006**

Led by the  
Alzheimer's Association  
**Lunch & refreshments  
will be provided**

